



HERBALIFE®

**GIVE YOURSELF AND OTHERS
THE GIFT OF WELLNESS**
LOOK AND FEEL GREAT THROUGH THE SEASON



WEIGHT-MANAGEMENT SOLUTIONS

Quickstart
program p. 10

Advanced
program p. 10

Ultimate
program p. 11

Enhancers, Snacks
and Protein p. 12–19

ENERGY & FITNESS

Herbalife24
p. 39–41

NEW LIFTOFF® POMEGRANATE-BERRY BURST

Fuel your day with this
new flavor

p. 43



LOOK AND FEEL YOUR BEST

With our easy-to-follow
Inner and Outer Nutrition
programs

p. 8



WE'RE A GLOBAL NUTRITION COMPANY



"We're changing the nutrition habits of the world, one person at a time."

Mark Hughes (1956–2000)
Herbalife Founder and First Member

- Improving lives in more than 90 countries
- Providing quality, science-based products
- Focused on customers' needs
- Helping communities
- Offering a business opportunity

"In 35 years as an Herbalife family, we've reached out with caring, compassion and enthusiasm to millions of people worldwide, changing lives with our science-based nutrition products and the opportunity to earn extra income."

Michael O. Johnson
Herbalife Chairman and Chief Executive Officer



HERBALIFE IN ACTION!

We sponsor world-class athletes, teams and events around the globe, including the LA Galaxy soccer club, and a host of champions in nearly 20 other sports. See all of our athletic sponsorships at HerbalifeSports.com.



HERBALIFE FAMILY FOUNDATION

At more than 120 locations in over 50 countries, the Herbalife Family Foundation Casa Herbalife programs serve over 100,000 children every day. Learn more about how you can help us open new programs and bring healthy nutrition and happy smiles to children everywhere. Visit us at HerbalifeFamilyFoundation.org.



The LA Galaxy logo and graphics are the property of Major League Soccer, LLC. Used by permission.
The AYSO name, marks and all associated trademarks and logotypes are owned by the American Youth Soccer Organization (AYSO).

Herbalife Cellular Nutrition Wheel your guide to our products

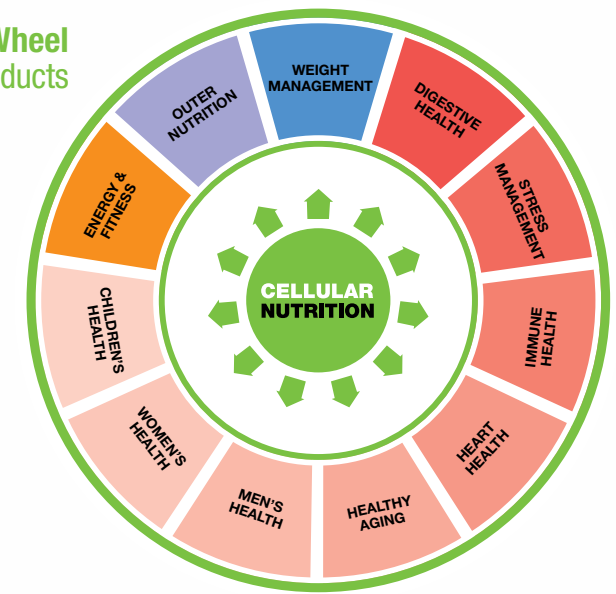


TABLE OF CONTENTS

Who We Are

Science 2
Cellular Nutrition 4–5
Core Products 6–7
8–9

Weight Management

Programs 10–11
Enhancers 12–15
Protein 16–17
Protein Snacks 18–19
Formula 1 20–21
Formula 1 Meal Options 22

Targeted Nutrition

Digestive Health 23–25
Heart Health 26–28
Stress Management 29

Success Stories

Targeted Nutrition

Immune Health 30–31
Women's Health 32–33
Healthy Aging 34–35
Men's Health 36
Children's Health 37
38

Energy & Fitness

Sports 39–41
Fitness 42
Energy 43–44
Hydration 45

Outer Nutrition

Herbalife SKIN 46–54
Herbal Aloe 55–57

Business Opportunity

58–59

Symbols Guide:



Steve Henig, Ph.D.
Chief Scientific Officer



Lou Ignarro, Ph.D.
Nobel[†] Laureate in Medicine
Member of the Nutrition
Advisory Board



Gary Small, M.D.
Member of the
Nutrition Advisory Board



SCIENTIFIC LEADERSHIP

Experts in the fields of nutrition and health from around the world help to guide the development of Herbalife® products.



"When it comes to losing weight, small steps make a noticeable difference."

Our core Weight Management products are geared to support nutritional needs over time, no matter how ambitious your goals are, or where you are in your journey."

Luigi Gratton, M.D., M.P.H.
Vice President,
Nutrition Education and Development

NUTRITION FOR A BETTER LIFE

Quality Products Backed by Science

- Our products are science based.
- We have a commitment to nutrition research and development.
- Formulated under a rigorous quality assurance program and control of product integrity from Seed to Feed

David Heber, M.D., Ph.D.,
F.A.C.P., F.A.S.N.
Chairman,
Nutrition Advisory Board



Vasilios Frankos, M.S., Ph.D.
Senior Vice President,
Global Regulatory Compliance
and Product Safety



John Heiss, Ph.D.
Senior Director,
Sports and Fitness,
Worldwide Product Marketing



Rocio Medina, M.D.
Vice President,
Nutrition Training
Nutrition Advisory Board
Vice Chairwoman



[†]The Nobel Foundation has no affiliation with Herbalife and does not review, approve or endorse Herbalife® products.



OUR BODIES ARE MADE UP
OF 100 TRILLION CELLS



CELLULAR NUTRITION
WITH



FORMULA
1

Healthy Meal
Nutritional Shake Mix



FORMULA
2

Multivitamin
Complex



FORMULA
3

Cell Activator®



FORMULA 1 HEALTHY MEAL NOURISHES YOUR CELLS
WITH THE BEST NUTRIENTS AVAILABLE*



FORMULA 2 HAS VITAMINS A, C AND E
TO SUPPORT YOUR IMMUNE SYSTEM*



FORMULA 3 SUPPORTS NORMAL
MITOCHONDRIAL ENERGY PRODUCTION*



HEALTHY CELLS = A HEALTHY YOU

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



MAXIMIZE YOUR NUTRITION

Cellular Nutrition with Our Three Core Products

Personalize a program that's right for you!

THE KEY TO GOOD NUTRITION IS CELLULAR NUTRITION



French Vanilla
#3106

1

FORMULA 1 HEALTHY MEAL NUTRITIONAL SHAKE MIX



**Formula 1 gives you protein
and balanced nutrition.**

- ✓ A healthy meal with up to 21 vitamins and minerals and essential nutrients
- ✓ Fiber and 9 g of protein help support weight management
- ✓ No cholesterol, no trans fats
- ✓ Balanced nutrition

Special Varieties

Allergen-Free* Vanilla	#3117	
Non-GM Vanilla†	#1213	
Kosher (550 g)	#0145	

*Free from soy, dairy and gluten.

†Made with ingredients that have not been genetically modified. Trace amounts of genetically modified (also known as "genetically engineered") material may be present due to potential cross contact during manufacturing and shipping.

**ALSO
CHECK OUT
FORMULA 1
ON THE GO
OPTIONS
SEE P. 20-21.**



Cafe Latte
#2775



Cookies 'n Cream
#3110



Dulce de Leche
#2674



Dutch Chocolate
#3107



Mint Chocolate
#3138



Orange Cream
#1164



Piña Colada
#3141



Wild Berry
#3108

2



FORMULA 2 MULTIVITAMIN COMPLEX

**Formula 2 provides essential
nutrients, including antioxidant
Vitamins A (as beta-carotene),
C and E to support your
immune system.***

- ✓ Provides 21 essential micronutrients
- ✓ Antioxidant Vitamins A (as beta-carotene), C and E to support your immune system*
- ✓ Includes folic acid, calcium and iron
- ✓ Promotes healthy bones, skin and hair*

#3115



3

FORMULA 3 CELL ACTIVATOR®

**Formula 3 supports normal mitochondrial function with alpha-lipoic acid
and may help the body's absorption of micronutrients with aloe vera.***

- ✓ Alpha-lipoic acid helps regenerate antioxidant activity† within the cells*
- ✓ Aloe vera may help support the body's absorption of micronutrients*

#3123



†Glutathione and Vitamin C.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WEIGHT MANAGEMENT THAT

PROGRAMS DELIVER RESULTS

QUICKSTART

BASIC PROGRAM

Includes the basics for weight management

- Three Core Products – Formulas 1, 2 and 3 to support Cellular Nutrition
- Herbal Tea Concentrate† (1.8 oz.)

Cafe Latte	#4004
Cookies 'n Cream	#4803
Dutch Chocolate	#4800
French Vanilla	#4799
Piña Colada	#3494
Wild Berry	#4801



ADVANCED

ADVANCED PROGRAM

Includes ALL Quickstart program products, PLUS:

- Total Control® with caffeine that stimulates metabolism*
- Cell-U-Loss® with corn silk to support fluid balance*

Cafe Latte	#4006
Cookies 'n Cream	#4808
Dutch Chocolate	#4805
French Vanilla	#4804
Piña Colada	#3496
Wild Berry	#4806



†Herbal Tea Concentrate provides 85 mg of caffeine per serving and Total Control® provides 82 mg of caffeine per serving. It is recommended that products containing caffeine be used by healthy adult consumers and not recommended for those sensitive to caffeine. Pregnant or nursing women, individuals with medical conditions, or those taking medications should consult with a health care professional before use.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

A healthy weight-management program should include modest caloric intake, balanced diet and regular physical activity.

ULTIMATE

ULTIMATE PROGRAM

Includes ALL Advanced program products, PLUS:

- Snack Defense® to help maintain healthy blood sugar levels already within the normal range*
- Aminogen® to break down proteins into smaller peptides**

Cafe Latte	#4008
Cookies 'n Cream	#4813
Dutch Chocolate	#4810
French Vanilla	#4809
Piña Colada	#3498
Wild Berry	#4811



*Aminogen® is a registered trademark of Triarco Industries.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

To complement your weight-management program **WITH MORE PROTEIN, TRY ADDING PROTEIN DRINK MIX.** See p. 16.

ENHANCERS TO COMPLEMENT YOUR WEIGHT-MANAGEMENT

HERBAL TEA CONCENTRATE

Herbal Tea Concentrate contains caffeine, which jump-starts your metabolism and provides a boost to help you feel revitalized. This refreshing, low-calorie tea is available in a variety of flavors.

- ✓ Jump-starts thermogenic (metabolic) activity†
- ✓ Boosts the feeling of energy†
- ✓ Provides antioxidant support
- ✓ Instant and low calorie
- ✓ For optimal experience, mix a little more than ½ teaspoon with 6 to 8 ounces of water.

1.8 oz.		3.5 oz.	
Lemon	#0255	Cinnamon	#0195
Original	#0105	Lemon	#0188
Peach	#0257	Original	#0106
Raspberry	#0256	Peach	#0190
		Raspberry	#0189

3.5 oz. Non-GM*

Chai	#0761
------	-------

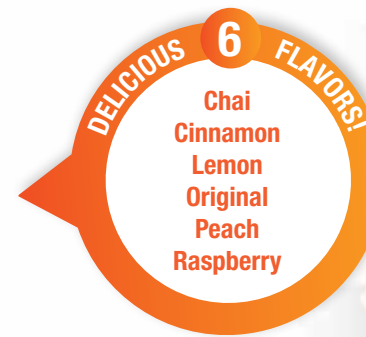
Packets (Contains 15 packets per box)

Lemon	#0919	Peach	#0920
Original	#0107	Raspberry	#0918



GOALS

Stay energized, reduce calorie intake and provide antioxidant support for your weight management.*



PROLESSA® DUO

- ✓ A dual-action formula with clinically tested ingredients
- ✓ A unique emulsion of palm and oat oils helps to reduce calorie intake and provide a feeling of fullness*
- ✓ Conjugated linoleic acid helps decrease body fat*
- ✓ Stimulant-free

7-Day Trial Size #1095
30 Servings #1076

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†Caffeine is known for its natural thermogenic (metabolism-boosting) benefits and green tea for its antioxidant properties.
*Made with ingredients that have not been genetically modified.



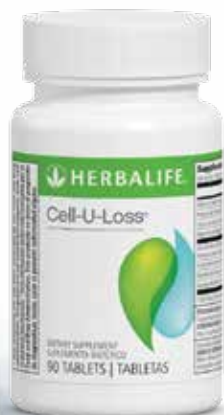
TOTAL CONTROL®

Total Control® tablets contain a proprietary blend of tea extracts and caffeine, which quickly stimulates metabolism and provides an energetic and alert feeling.*

- ✓ Quickly stimulates metabolism*
- ✓ Increases alertness*
- ✓ Provides an energetic sensation*

Bottle #0077
Packets #0076
(Contains three tablets each / 20 packets per box)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



CELL-U-LOSS®

- ✓ Formulated with corn silk, an herb traditionally used for healthy elimination of water*
- ✓ Minerals help maintain electrolyte balance and a healthy pH level*

#0111 

ENHANCE YOUR ENERGY DURING WEIGHT MANAGEMENT FROM THE INSIDE OUT



SNACK DEFENSE®

- ✓ Gymnema and chromium help support blood sugar level already within normal range*
- ✓ Excellent source of chromium

#0079

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



AMINOGEN®†

- ✓ Formulated with enzymes to support protein digestion*
- ✓ Enzymes help break protein chains into smaller peptides, which are smaller molecules that the body can absorb*

#0101 



THERMO-BOND®

- ✓ Formulated with sodium choleate and a fiber blend containing cellulose, apple, acacia, oat and citrus

#0167

DID YOU KNOW?

The good news is that no matter what your weight loss goal is, even a modest weight loss, such as 5 to 10 percent of your total body weight, is likely to produce health benefits.

— CDC.gov, 2013

†Aminogen® is a registered trademark of Triarco Industries.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BOOST YOUR PROTEIN

PROTEIN DRINK MIX

Add to your favorite Formula 1 shake to boost your protein intake to 24 g per serving, or enjoy as a nutritious snack.

- ✓ 24 vitamins and minerals
- ✓ 15 g of soy protein per serving to help satisfy hunger and give you lasting energy
- ✓ 5 to 6 g of carbs

22 serving size

Chocolate #1123
Vanilla #1122

30 serving size

Vanilla #1426



REASONS TO PROTEIN UP WITH OUR POWDERS

- 1 Provides more protein than just adding milk
- 2 Long shelf life with no refrigeration needed



ADD TO FORMULA 1

PERSONALIZED PROTEIN POWDER

Personalized Protein Powder is a high-quality, nonfat protein blend that supports your weight-management and fitness goals. Increased protein intake helps you feel fuller longer and maintain your energy level between meals.

- ✓ Helps build and maintain lean muscle mass
- ✓ Nonfat protein to satisfy hunger
- ✓ 5 g of soy and whey protein, providing all 9 essential amino acids
- ✓ Gluten-free

#0194



DID YOU KNOW?

Soybeans are high in protein and equivalent to animal protein in terms of the quality of protein they contain.

— National Institutes of Health
2010



PROTEIN-POWERED SNACKS

Satisfy hunger. Sustain energy.

DELICIOUS 2 FLAVORS!
Peach
Mango
Wild Berry

BEVERAGE MIX

- ✓ Protein helps boost your energy while satisfying hunger between meals
- ✓ 15 g of protein (good source)
- ✓ 70 calories and 0 g sugar*

Peach Mango #3121
Wild Berry #3119
(14 servings per canister)

ROASTED SOY NUTS

- ✓ 100 calories per packet
- ✓ 9 g of protein (good source)
- ✓ Salty, crunchy and nutritious
- ✓ Convenient, portion-controlled snack for on-the-go use

Chile Lime #3142
(12 packets per box)



DELICIOUS 3 FLAVORS!
Chocolate
Peanut
Citrus Lemon
Vanilla Almond

PROTEIN BAR DELUXE

- ✓ 10 g of protein per serving
- ✓ Excellent source of protein, which helps sustain energy, satisfy hunger, and build and maintain lean muscle mass
- ✓ Rich and chewy milk chocolate-covered protein snack with 140 calories per bar

Chocolate Peanut #0365
Citrus Lemon #0366
Vanilla Almond #0364
(14 bars per box)

DID YOU KNOW?

Having a small meal or snack every 3 to 4 hours keeps your metabolism cranking, so you burn more calories over the course of a day.

— WebMD.com*

DELICIOUS 2 FLAVORS!
Chocolate
Coconut
Peanut Butter



PROTEIN BAR

- ✓ Excellent source of protein with 23 vitamins and minerals
- ✓ 12 g of protein including soy, whey and casein
- ✓ Protein helps sustain energy, satisfy hunger, and build and maintain lean muscle

Chocolate Coconut #0290
Peanut Butter #0058
(14 bars per box)



SOUP MIX

- ✓ High in protein (16 g)
 - ✓ 80 calories
 - ✓ Perfect savory snack to add variety to your weight-management program
- Creamy Chicken #0291
(7 packets per box)

*Not a low-calorie food.

Images of fruits, vegetables and other foods are illustrative of flavor only. Product does not contain these fruits, vegetables and other foods.

*WebMD has no affiliation with Herbalife and does not review, approve or endorse Herbalife® products.

WEIGHT MANAGEMENT WITH ON THE GO OPTIONS

Formula 1 and Protein Drink Mix, two of our best-selling products, in one convenient packet. An ideal, nutritious meal replacement to help meet your daily protein needs.



FORMULA 1 + PDM ON THE GO

Offers a combination of Formula 1 Cookies 'n Cream and Protein Drink Mix Vanilla to deliver a rich flavor and creamy texture with an extra boost of protein.

- ✓ Essential nutrients including 24 vitamins and minerals
- ✓ High in protein
- ✓ Excellent source of fiber (5 g per serving)

17 g of protein*

#3145

(7 packets per bag)

24 g of protein*

#1235

(7 packets per bag)



*Amount per serving.

FORMULA 1 EXPRESS MEAL BAR

- ✓ Contains 21 vitamins and minerals
- ✓ Packed with 15 g of protein per serving
- ✓ 5 g of fiber to help support weight management
- ✓ Individually wrapped for on-the-go usage

Cookies 'n Cream #2792
(7 bars per box)



FORMULA 1 INSTANT HEALTHY MEAL NUTRITIONAL SHAKE MIX

- ✓ An instant healthy meal anytime, anywhere with Formula 1
- ✓ 20 g of protein, 24 vitamins and minerals, including calcium of an 8 oz. glass of milk
- ✓ Excellent source of antioxidant Vitamins C and E
- ✓ No cholesterol, no trans fats
- ✓ Just add water

Canister

Creamy Chocolate #2794
Vanilla Dream #2795



An instant healthy meal anytime, anywhere.





HAVE YOU HAD YOUR SHAKE TODAY?

Get on the right track with one of our sensible daily plans.

- ✓ **To lose weight:** Substitute two of your three daily meals with a Formula 1 Healthy Meal Nutritional shake.
- ✓ **To maintain weight:** Substitute a Formula 1 Healthy Meal Nutritional shake for one of your daily meals.
- ✓ **To gain weight:** Enjoy a Formula 1 Healthy Meal Nutritional shake in addition to breakfast, lunch and dinner.

01

SUBSTITUTE
YOUR BREAKFAST AND DINNER
WITH A FORMULA 1 SHAKE

BREAKFAST

LUNCH

DINNER



02

SUBSTITUTE
YOUR LUNCH AND DINNER
WITH A FORMULA 1 SHAKE



03

SUBSTITUTE
YOUR BREAKFAST AND LUNCH
WITH A FORMULA 1 SHAKE



Make sure your diet includes balanced and colorful meals that have a variety of grains, vegetables and fruits, as well as high-quality proteins like lean meats, fish and poultry. Also, increase physical activity and reduce time spent in sedentary behaviors.



Starter Kit

DIGEST AND FEEL YOUR BEST

Maintaining your gastrointestinal health is important. Herbalife® Digestive Health products support healthy digestion and elimination, and help relieve occasional indigestion, helping to ensure your internal system runs smoothly every day.*

DIGESTIVE HEALTH PROGRAM

Keep your system on track with our 3-in-1 Starter Kit.* Includes Herbal Aloe Concentrate (Natural or Mango flavor), 21-Day Herbal Balancing Program (AM/PM companion formulas) and Florafiber.

Mango	#1220
Natural	#1219

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



[a]

[c]

[b]

Support healthy digestion with a refreshing drink or a convenient powder.

HERBAL ALOE LIQUID AND POWDER

- ✓ Soothe the stomach
- ✓ Support healthy digestion
- ✓ Relieve occasional indigestion
- ✓ Support nutrient absorption and intestinal health

[a] Ready Herbal Aloe

Quart #0002
Gallon #0004

[b] Herbal Aloe Concentrate

Pint
Cranberry #1189
Mango #1065
Natural #0006

Half Gallon

Mango #1188

[c] Herbal Aloe Powder

Mango Accent #2748

Images of fruits, vegetables and other foods are illustrative of flavor only. Product does not contain these fruits, vegetables and other foods.

SUPPORT AND BALANCE

DID YOU KNOW?

Most people in the United States eat about 10 to 15 grams of dietary fiber each day, far below the recommended amount. How much fiber should adults consume every day for good health? Women and men age 50 or younger need 25 grams and 34 grams of fiber, respectively. Women and men age 51 or older need 22 grams and 28 grams of fiber, respectively.

— Dietary Guidelines for Americans 2010, U.S. Department of Health and Human Services

[a] FLORAFIBER

- ✓ These specially formulated tablets contain a blend of soluble and insoluble fibers to support digestive health.*
- #0023

[b] 21-DAY HERBAL BALANCING PROGRAM

- ✓ AM Renew Formula—A morning tablet formulated with milk thistle, traditionally used for liver support.*
 - ✓ PM Reset Formula—An evening tablet formulated with dandelion, traditionally used for healthy fluid balance.*
- #1154

[c] ACTIVE FIBER COMPLEX

- ✓ Promotes regularity and minimizes bloating*
- ✓ Supports growth of friendly intestinal bacteria*
- ✓ 5 g of balanced soluble and insoluble fiber (excellent source)
- ✓ Add to Formula 1 for a thicker, smoother shake.
- ✓ Gluten-free

Apple #2864
Unflavored #2865



[a]

[b]

[c]

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TAKE CONTROL OF YOUR HEART HEALTH

CORE COMPLEX

- ✓ Convenient daily packets contain six softgels, including Herbalifeline®, Tri-Shield® and CoQ10 Plus
- ✓ A blend of high-quality omega-3 fatty acids EPA and DHA help maintain a healthy heart by maintaining cholesterol and triglyceride levels already within a normal range*
- ✓ B vitamins maintain healthy homocysteine levels already within a normal range*
- ✓ Coenzyme Q10 provides energy to heart cells*

#1096

NITEWORKS®

- ✓ Amino acids L-arginine and L-citrulline support Nitric Oxide production and blood flow for the healthy function of the heart, brain and other organs.*
- ✓ Nitric Oxide production supports healthy blood pressure levels already within a normal range and blood vessel elasticity.*
- ✓ L-arginine and L-citrulline help keep blood vessels toned and flexible for healthy vascular function.*

30 Servings

Lemon #0036
Orange-Mango #0038

15 Servings

Lemon #3150



Our Heart Health products offer one of the most advanced and comprehensive programs to help you maintain optimal vascular health – and they carry the endorsement and signature of Dr. Lou Ignarro, Nobel[®] Laureate in Medicine.

Lou Ignarro, Ph.D.
Nobel[®] Laureate in Medicine



TRI-SHIELD®

- ✓ This proprietary blend is formulated with omega-3 fatty acids from Neptune Krill Oil (NKO[®]), which support cardiovascular health.*

#0100

HERBALIFELINE®

- ✓ Omega-3 fatty acids help maintain healthy cholesterol and triglyceride levels already within a normal range.*
- ✓ Taking DHA regularly also helps to support normal brain function and vision.*
- ✓ Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

#0065

MEGA GARLIC PLUS

- ✓ Garlic supports healthy circulation, heart health and healthy triglyceride and cholesterol levels, already within a normal range.*
- ✓ Vitamin C provides antioxidant support.*

#0032

CoQ10 PLUS

- ✓ CoQ10 provides energy to heart cells and supports the heart muscle.*
- ✓ Vitamin D supports heart health.*
- ✓ Antioxidant activity of CoQ10 protects cells from damaging effects caused by oxidative stress.*

#1500

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

[†]Dr. Lou Ignarro, a Nobel Prize Laureate in Medicine, is a scientific advisor to Herbalife and member of the Nutrition Advisory Board, and receives compensation for his endorsement of Herbalife[®] products. The Nobel Foundation has no affiliation with Herbalife and does not review, approve or endorse Herbalife[®] products.

[‡]NKO[®] is a registered trademark of Neptune Technologies & Bioresources, Inc.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

GOOD HEART HEALTH

BEGINS WITH THE RIGHT NUTRIENTS.

The Herbalife Heart Health line, endorsed by Dr. Lou Ignarro, is the capstone to maintaining cardiovascular wellness.

Support healthy circulation:

Garlic has been shown to support healthy circulation.*

Maintain healthy cholesterol levels:

Evidence from epidemiological and clinical trials suggests that omega-3 polyunsaturated fatty acids may have a significant role in maintaining healthy cholesterol levels already within normal range.*

Support cardiovascular health:

Omega-3 fatty acids from krill oil have been shown to support cardiovascular health.*

Support vascular health:

Research suggests that L-arginine and L-citrulline, found in Niteworks®, help produce Nitric Oxide, which can support cardiovascular health and help arteries stay flexible and youthful.*



TARGET AREAS

	MEGA GARLIC PLUS	HERBALIFELINE®	TRI-SHIELD®	CORE COMPLEX	NITEWORKS®	COQ10 PLUS
TOTAL CHOLESTEROL						
TRIGLYCERIDES		♥		♥		
CARDIOVASCULAR HEALTH		♥		♥		
HOMOCYSTEINE	♥	♥	♥	♥	♥	♥
BLOOD PRESSURE				♥		
CIRCULATION	♥				♥	
VASCULAR HEALTH				♥ [†]	♥	♥
HEART ENERGY	♥	♥		♥	♥	♥
ANTIOXIDANT SUPPORT						

[†]With the addition of CoQ10 Plus to Core Complex.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP STRESS AT BAY

Ease stress and enjoy restful sleep.

DID YOU KNOW?

Stress, the hormones it unleashes, and the effects of high-fat, sugary "comfort foods" push people toward overeating.

— Harvard Health Publications, 2012



RELAX NOW

- ✓ Jujube seeds help maintain calmness.*
- ✓ Jujube and passionflower help you cope with occasional stress and maintain a healthy mood.*

#0055

SLEEP NOW

- ✓ Melatonin supports sound sleep so you can rest easy.*

#0138



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**86
Pounds
Lost**
Karen L.



"Before Herbalife, I was unhappy and used food as comfort. My mother began attending a Nutrition Club, but I was too closed-minded, until I finally went. The first couple of weeks I used **Mango Herbal Aloe, Herbal Tea Concentrate, and Formula 1 Healthy Meal Nutritional Shake Mix** with **Personalized Protein Powder**. I began eating smaller meals and exercising. I incorporated more whole foods as well as organic foods. Physically I feel absolutely incredible. I love being able to purchase the clothes I like and not only the ones that fit me. Mentally I have grown and feel much more confident. I have learned to truly love myself and those around me."*

-Karen L.

JOURNEYS TO SUCCESS

"I owned a drywall company, worked very long hours and had no time for another business, but I tried **Herbal Tea Concentrate** and **N-R-G** and I loved the energy. I met (my wife) Lisa at my first Herbalife Extravaganza. She used Herbalife® products to support her active lifestyle. We moved from Philadelphia to San Diego and stuck with the products that support our healthy, active lifestyles and they give us the energy to pursue them. I just turned 50 and have never felt this much energy. It comes in handy with our three beautiful daughters. One is eight and our toddler twins just turned two!"* -Jim M.

**8
Pounds
Lost**
Jim M.



*People who use Herbalife® Formula 1 twice a day as part of a healthy lifestyle can generally expect to lose around half a pound to 1 pound per week.



**43
Pounds
Lost**
Terri W.



"I tried for years to lose my baby weight. I had low energy and my stress level was high. I started with the **Advanced Weight Management program** and **Digestive Health** products. Once I supported my digestion, it was amazing how I felt better. I overcame my personal roadblocks by never quitting! I eat healthier and have an active lifestyle. One of my favorite products now is **Prolessa® Duo**.† I am a 59-year-old Mimi (grandmother) and I have more energy and vitality than I did in my 30s. I love helping others and I feel very blessed and grateful for everything I've been able to achieve."*

-Terri W.

"I began using Herbalife® products when I started to get involved in sports. At that time, I weighed 120 pounds. I started using the **Core Products (Formulas 1, 2 and 3)** and **Herbalife24**, along with a healthy, active lifestyle. I gained weight and lost body fat at the same time. Now I weigh 145 pounds. I stay consistent with the Herbalife® products and a daily gym regimen. Lifting weights is a passion for me now. It allows me to push through barriers and conquer new goals every single day. For those starting off, my advice would be to never let obstacles detain you." -Edward V.

**25
Pounds
Gained**
Edward V.



*People who use Herbalife® Formula 1 twice a day as part of a healthy lifestyle can generally expect to lose around half a pound to 1 pound per week.

†Studies of the active ingredients in Prolessa® Duo powder suggest that consumers may experience a diminished appetite or loss in hip circumference an average of 0.4 inches when consuming Prolessa® Duo powder as directed for a period of eight weeks. Weight-loss claims above result from regular consumption of Herbalife® meal replacement products and the Prolessa® Duo powder, together with healthful eating habits and exercise.



BEST DEFENSE®

- Formulated with echinacea to support immune health*
- 1,000 mg Vitamin C, a powerful antioxidant
- Contains 8 mg of zinc to support the body's immune function*
- Convenient for on-the-go use

Citrus Mint (10 tablets) #1503
Orange Boost (10 tablets) #1502



SUPPORT YOUR BODY'S NATURAL DEFENSES

Your immune system protects your health 24 hours a day. Too much stress, a poor diet or too little sleep can compromise your immune system. Herbalife® Immune Health products help support your natural defenses year-round.*

ROSEGUARD®

- Contains Vitamins C and E for immune support*
- Provides antioxidant support with Vitamins A (as beta-carotene), C and E*
- Vitamin C helps to recycle the antioxidant activity of Vitamin E*

#0139



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SCHIZANDRA PLUS

- Selenium and Vitamins A (as beta-carotene), C and E provide general antioxidant support against free radicals*
- Vitamins C and E support the immune system*
- Excellent source of selenium and Vitamins A (as beta-carotene), C, E and B6
- Some scientific evidence suggests that consumption of selenium may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

#0022

GARDEN 7®

- Delivers 7+ phytonutrients like those found in fruits and vegetables
- Contains powerful antioxidants Vitamin A (as beta-carotene) and C
- Helps nourish cells and organs so they function properly*

#3272



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NATURAL BALANCE FOR WOMEN

Ease PMS discomfort, support well-being during menopause and get the benefits of calcium and Vitamin D with our Women's Health products.

DID YOU KNOW?

"National nutrition surveys have shown that most people are not getting the calcium they need to grow and maintain healthy bones."

To find out how much calcium you need, please visit the National Institutes of Health website:

www.niams.nih.gov/Health_Info/Bone/Bone_Health/Nutrition/



TANG KUEI PLUS

- ✔ Tang Kuei Plus is formulated with Dong Quai root, which has been traditionally used for PMS support.*

#0566 

WOMAN'S CHOICE

- ✔ Soy isoflavones and chasteberry support comfort and well-being for women during monthly hormonal fluctuations and menopause.*

#1061

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



TRIPLE BERRY COMPLEX

- ✔ Formulated with cranberries, blueberries and bilberries

#0279

XTRA-CAL® ADVANCED

- ✔ Calcium and Vitamin D support bone mineral density and healthy teeth.*
- ✔ Vitamin D improves the absorption of calcium for bone health.*
- ✔ Adequate calcium and Vitamin D, as part of a well-balanced diet, may reduce the risk of osteoporosis later in life.

#0565 

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUPPORT YOUR EYES AND JOINTS AS YOU AGE

Our Healthy Aging products will help you stay active whether you're in your 20s, 40s, 60s or beyond.



DID YOU KNOW?

Recent results show that glucosamine, when used as a dietary supplement, can be effective in the management of cartilage breakdown and in the promotion of enhanced mobility.

— Natural Products Association 2011

JOINT SUPPORT ADVANCED

- Formulated with glucosamine to support healthy joint function and comfort*
- Excellent source of antioxidant selenium to support healthy aging*
- Excellent source of manganese and a good source of copper

#0555



OCULAR DEFENSE FORMULA

- Lutein supports eye health and healthy vision*
- Provides antioxidant Vitamins A (as beta-carotene), C and E*

#0064

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ROBUST HEALTH FOR MEN

Our Men's Health products target male health, such as supporting prostate well-being.*



[a] ULTIMATE PROSTATE FORMULA

- Formulated with saw palmetto, which promotes prostate health and urinary function*
- Excellent source of antioxidant Vitamin E

#0053

[b] MALE FACTOR 1000®

- Proprietary blend of green oats, nettle, ginseng, calcium and Vitamin C

#0024

[c] PRELOX®+ BLUE

- Formulated with L-arginine and Pycnogenol®+ to support male sexual health*

#0039



*Prelox® and Pycnogenol® are trademarks of Horphag Research Ltd. This product is sold under license of U.S. patents 6,117,872; 6,646,006 and other rights.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ESSENTIAL NUTRITION FOR YOUR KIDS



KIDS SHAKE

- ✓ Great-tasting nutritious snack for kids ages 4 and up
- ✓ Good source of protein and fiber
- ✓ 17 essential vitamins and minerals
- ✓ Excellent source of calcium, B-complex vitamins and antioxidant Vitamins A (as beta-carotene), C and E

Chocolate #0368

KINDERMINS®

- ✓ 11 essential vitamins infants and toddlers need every day to support healthy growth and development*
- ✓ Formulated with lutein, which may support eye health*
- ✓ Easy to serve – just one full dropper (1 ml) daily dispensed directly into mouth or mixed in milk, juice or water

#0005

MULTIVITES

- ✓ 100% of the Daily Value of key essential vitamins for children ages 4 years and up
- ✓ Excellent source of B-complex vitamins, iron, zinc and antioxidant Vitamins C and E
- ✓ Good source of calcium

#0328

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HERBALIFE
24

NUTRITION FOR THE
24-HOUR ATHLETE

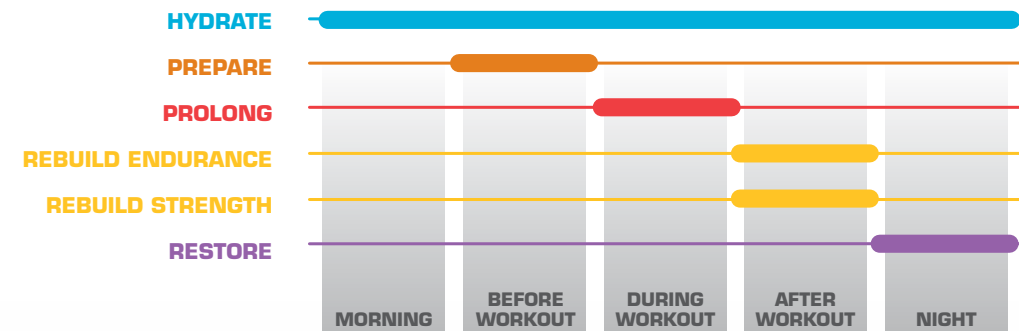
GAIN A COMPETITIVE ADVANTAGE

Reach your performance goals with the ultimate in sports nutrition.

At Herbalife, we understand that being an athlete is a lifestyle – one that requires dynamic nutrition for your day-to-day needs. Herbalife24 is a performance nutrition line that can be customized based on your specific training schedule. Take training, performance and recovery to the next level with nutrition for the 24-Hour Athlete.

You can customize products based on your specific sport, training, recovery and competitive needs.

FORMULA 1 SPORT





"Eat with a purpose," says John Heiss, Ph.D., senior director of sports and fitness, and lead developer of Herbalife24, a comprehensive sports nutrition line for athletes. "Don't eat to satisfy hunger, but eat to nourish yourself.* Simple things like eating a variety of quality proteins throughout the day, and taking a daily dose of my favorite supplements like Herbalifeline® for omega-3s and Herbalife24® Restore for antioxidant vitamins." So next time you have to make a nutrition decision, ask yourself, "Why am I eating this?"

John Heiss, Ph.D.
Senior Director, Sports and Fitness,
Worldwide Product Marketing

FORMULA 1 SPORT

Healthy meal for athletes.

- Milk protein supports lean muscle mass
- Carbohydrate blend provides immediate and sustained energy
- L-glutamine supports muscle growth and immune function
- Antioxidant support



Chocolate
#1438

Creamy Vanilla
#1412

HYDRATE

Advanced hydration with bioavailable electrolytes.

- Hydration anytime, for anyone
- High in antioxidant Vitamin C
- Less than 15 calories per serving
- Only 1 g of sugar



Tangerine Citrus
(20 packets per box)
#1413

PREPARE

Nitric Oxide precursor (arginine, citrulline, and ornithine) and creatine supplement system.*

- Arginine supports healthy blood flow*
- Contains 2.1 grams of creatine per serving to support muscle strength
- Caffeine helps maintain focus and performance*



Tropical Mango
#1414

PROLONG

Sustain performance with dual-source carbohydrates and electrolytes.*

- Dual-source carbohydrate blend facilitates caloric utilization*
- Whey protein isolate helps reduce muscle breakdown*
- 850 mg of electrolytes per serving support proper muscle function*
- B vitamins support carbohydrate metabolism*
- 500%DV of Vitamin C helps combat free radicals*



Subtle Lemon
#1415

REBUILD ENDURANCE

Glycogen replacement and muscle recovery.*

- Branched-chain amino acids, whey and casein proteins create a rapid and sustained protein-building state*
- Carbohydrate blend replenishes muscle glycogen*
- Tri-core protein-amino blend of free amino acids, whey and casein proteins help rebuild muscle and speed recovery*
- L-glutamine supports immune function and promotes muscle repair*
- L-carnitine reduces recovery time*



Vanilla
#1416

REBUILD STRENGTH

Immediate and sustained muscle recovery.*

- 24 g of whey and casein proteins per serving create a rapid and sustained protein-building state*
- Tri-core protein-amino blend of free amino acids, whey and casein proteins help rebuild muscle and speed recovery*
- Iron essential for red blood cell production*
- Branched-chain amino acids support muscle growth*
- L-glutamine supports immune function and promotes muscle repair*



Chocolate
#1417

RESTORE

Helps combat exercise-induced muscle inflammation*

- Contains antioxidant Vitamins A (as beta-carotene), C and E and botanical ingredients to support against free radicals*
- Supports immunity*



Restore
#1418



NSF Certified:
TESTED - Clean of athletic banned substances
VERIFIED - Meets label claims and contaminant test criteria
AUDITED - Manufacturing facility is GMP compliant

*Certified for Sport® is a registered trademark of NSF International.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Herbalife24 is developed in our state-of-the-art laboratories. The research behind our products is led by a panel comprised of world-renowned experts in nutrition science. These experts include former athletes, competitive cyclists and researchers who have made significant contributions in the nutrition field.

REHYDRATE AND REPLENISH



Caffeine-Free!

H3O® FITNESS DRINK

- Essential electrolytes such as potassium, sodium and magnesium support rapid hydration and replace electrolytes lost in sweat.
- Carbohydrate blend for immediate energy
- Excellent source of Vitamins C and E to neutralize free radicals
- Quenches thirst and replaces lost fluids
- Just add water

Canister
Orangeade

#2745



Packets

Orangeade #2718
(15 packets per box)



POWER UP, FUEL GOOD!

Stay on top of your game.

LIFTOFF®

- Helps you stay alert and focused with caffeine*
- Supports brain function, accelerates memory recall† and helps reduce the feeling of mental fatigue with ginsenosides*
- Specially formulated with 351 mg of a unique energy blend that includes panax ginseng, L-taurine, caffeine, guarana extract and inositol
- Loaded with Vitamin C and energy-supporting B vitamins: B1, B2, B3, B5, B6, B7 and B12*

10 tablets

Ignite-Me Orange	#3151
Lemon-Lime Blast	#3152
Pomegranate-Berry Burst	#2629
Tropical-Fruit Force	#2696

30 tablets

Ignite-Me Orange	#3277
------------------	-------



*Temporary benefit based on consumption of ginseng by healthy young adults.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ENERGIZE YOUR DAY

[a] N-R-G NATURE'S RAW GUARANA TABLETS

Get recharged with the benefits of guarana in a convenient tablet. Guarana, an ancient Amazonian seed, contains caffeine, which increases mental alertness and provides a gentle pick-me-up.*

- ✔ Provides a gentle boost*
- ✔ Reduces fatigue*
- ✔ Increases mental alertness and concentration*

#0122 

[b] N-R-G NATURE'S RAW GUARANA TEA MIX

Get recharged with this uplifting tea blend of guarana, orange pekoe and lemon peel. Caffeine increases mental alertness and provides a gentle pick-me-up.

- ✔ Provides a gentle boost
- ✔ Reduces fatigue
- ✔ Increases mental alertness and concentration
- ✔ Instant tea mix with 0 calories
- ✔ For optimal experience, mix a little less than ½ teaspoon with 6 to 8 ounces of water.

#0102 



DID YOU KNOW?

The active ingredient in guarana is caffeine. Guarana has one of the highest caffeine contents of all plants (up to 7%).

— Guarana (Paullinia cupana), Healthline, 2014.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HEALTHY HYDRATION WITH GREEN TEA

Green Tea provides hydration throughout the day and contains antioxidants that help provide protection against free radical damage. With only 25 mg of caffeine per serving, this refreshing tea is lower in caffeine than an 8 fl. oz. cup of coffee.



GREEN TEA

- ✔ Hydration for any time of day
- ✔ Supports the body's antioxidant activity
- ✔ Protects against free radical damage
- ✔ Contains no artificial colors, flavors or sweeteners
- ✔ Zero calories
- ✔ For optimal experience, mix a little less than ½ teaspoon with 8 ounces of water.

Original #1427 
Pomegranate #1428

THE FUTURE OF ESSENTIAL SOLUTION-BASED SKIN

Combining Formula, Feel and Fast Results
experience you can see and feel.

- No added parabens or sulfates
- Dermatologist tested for safety



CARE IS HERE.

to deliver a luxurious

[a] POLISHING CITRUS CLEANSER

- ✔ Clinically tested to show a reduction in the skin's sebum after just one use*
- ✔ Removes excess oil, dirt and makeup
- ✔ For normal to oily skin, including combination skin
- ✔ Great for shaving

150 ml tube #0766

[b] SOOTHING ALOE CLEANSER

- ✔ Removes excess oil, dirt and makeup
- ✔ Softens and moisturizes
- ✔ For normal to dry skin

150 ml tube #0765

[c] ENERGIZING HERBAL TONER

- ✔ Hydrates, gently conditions and soothes skin
- ✔ Freshens and cleans skin without drying or stinging

50 ml spray bottle #0767

[d] LINE MINIMIZING SERUM

Clinically tested to:

- ✔ Reduce the appearance of fine lines and wrinkles†
- ✔ Improve softness, smoothness, radiance, glow and luminosity in just seven days‡

30 ml airless pump #0768

[e] FIRMING EYE GEL

- ✔ Clinically tested to improve the appearance of the delicate eye area by increasing skin's elasticity§
- ✔ Ophthalmologist tested
- ✔ Contains cucumber extract

15 ml airless pump #0770

[f] HYDRATING EYE CREAM

Clinically tested to:

- ✔ Minimize lines and wrinkles around the eyes†
- ✔ Show a significant increase in the skin's moisture over eight hours**

15 ml airless pump #0771

*Clinically tested on subjects, measuring sebum levels immediately after application. 100% of subjects showed sebum reduction on surface of skin after one use.

†Clinically tested on subjects, skin roughness measured by Visioscan at intervals of 0, 7 and 42 days.

‡Clinically tested on subjects for smoothness, softness, glow, radiance and luminosity measured by visual expert grading at intervals of two, four and seven days. 100% of subjects showed improvement in all five areas over seven days.

§Clinically tested on subjects for firmness and elasticity measured by visual expert grading at intervals of seven days and 42 days. In 85% of subjects, improvement was seen in the appearance of firmness/elasticity in skin under the eye at 42 days.

**Clinically tested on subjects, measuring skin moisture levels at eight-hour intervals. Skin of 100% of subjects showed significantly higher moisture levels over baseline after eight hours.

[a] PROTECTIVE MOISTURIZER BROAD SPECTRUM SPF 30 SUNSCREEN

Tested to:

- ✓ Double skin's moisture over eight hours*
- ✓ Show that skin looks more glowing and feels softer and smoother in just seven days†
- ✓ Reduce the appearance of fine lines and wrinkles
- ✓ Provide broad spectrum UVA/UVB protection SPF 30

30 ml airless pump #0899

[b] DAILY GLOW MOISTURIZER

Clinically tested to:

- ✓ Double skin's moisture over eight hours§
- ✓ Reveal skin that looks more glowing and feels softer and smoother in just seven days†
- ✓ Reduce the appearance of fine lines and wrinkles††

30 ml airless pump #0769

[c] REPLENISHING NIGHT CREAM

Clinically tested to:

- ✓ Double skin's moisture over eight hours§
- ✓ Provide noticeable improvement of overall skin complexion and luminosity in just seven days**
- ✓ Reduce the appearance of fine lines and wrinkles††

30 ml airless pump #0774

[d] INSTANT REVEAL BERRY SCRUB

- ✓ Helps reveal softer, smoother, healthy-looking skin by removing dead skin cells
- ✓ Use in place of cleanser

120 ml tube #0772

[e] PURIFYING MINT CLAY MASK

Clinically tested to:

- ✓ Improve the appearance of pores and tighten and tone the skin after just one use††
- ✓ Help the old layer of cells to shed with Bentonite clay

120 ml tube #0773



Recommended
as an effective
broad spectrum
sunscreen



[a]



[b]



[c]



[d]



[e]

Refresh. Replenish. Rejuvenate. And Repeat.
A Revelation Each Day.



TO
ENHANCE YOUR
HERBALIFE SKIN
DAILY REGIMEN, USE
THESE 2 PRODUCTS
1-3 TIMES
PER WEEK

*Tested on subjects, measuring skin moisture levels at 8 hour intervals. Skin of 86% of subjects showed double the moisture levels over baseline after eight hours.

†Tested on subjects, measured by visual expert grading on intervals of 2, 4, and 7 days. 100% of subjects showed improvement over 7 days in smoothness, softness, glow and radiance and luminosity.

‡Clinically tested on subjects measured by visual expert grading on intervals of two, four and seven days. 96% of subjects showed improvement over seven days in smoothness, softness, glow and radiance. 93% showed improvement over seven days for luminosity.

§Clinically tested on subjects, measuring skin moisture levels at eight-hour intervals. Skin of 100% of subjects showed double the moisture levels over baseline after eight hours.

**Clinically tested on subjects for smoothness, softness, glow, radiance and luminosity measured by visual expert grading at intervals of two, four and seven days. 100% of subjects showed improvement in smoothness, softness and glow over seven days. 97% of subjects showed improvement in radiance and luminosity.

††Clinically tested on subjects, skin roughness measured by Visioscan at intervals of 0, 7 and 42 days.

‡‡Clinically tested on subjects, measuring pore appearance by visual expert grading immediately after application. 100% showed improvement in appearance of pores immediately after use.

SELECT THE BEST SKIN CARE PROGRAM FOR YOUR NEEDS

BASIC

INCLUDES:

- Soothing Aloe Cleanser (For Normal to Dry skin) – OR – Polishing Citrus Cleanser (For Normal to Oily skin)
- Energizing Herbal Toner
- Daily Glow Moisturizer
- Replenishing Night Cream

Normal to Dry Skin #1492
Normal to Oily Skin #1496



BASIC



ADVANCED

INCLUDES ALL BASIC PROGRAM PRODUCTS, PLUS:

- Line Minimizing Serum
- Hydrating Eye Cream
- Firming Eye Gel

Normal to Dry Skin #1493
Normal to Oily Skin #1497



ADVANCED



ULTIMATE

INCLUDES ALL ADVANCED PROGRAM PRODUCTS, PLUS:

- Protective Moisturizer Broad Spectrum SPF 30 Sunscreen
- Instant Reveal Berry Scrub
- Purifying Mint Clay Mask



Normal to Dry Skin #1488
Normal to Oily Skin #1489



Purchase the Ultimate Program and receive a special gift.

DAILY SKIN CARE REGIMEN

Achieve results you can quickly see and feel by following the Daily Skin Care Regimen.

STEPS	 AM	 PM
1 CLEANSE	Soothing Aloe Cleanser (For Normal to Dry Skin) – OR – Polishing Citrus Cleanser (For Normal to Oily Skin)	Soothing Aloe Cleanser (For Normal to Dry Skin) – OR – Polishing Citrus Cleanser (For Normal to Oily Skin)
2 TONE	Energizing Herbal Toner	Energizing Herbal Toner
3 TREAT	Line Minimizing Serum	Line Minimizing Serum
4 TARGET	Firming Eye Gel	Hydrating Eye Cream
5 MOISTURIZE	Daily Glow Moisturizer – OR – Protective Moisturizer Broad Spectrum SPF 30 Sunscreen	Replenishing Night Cream

WEEKLY






DEEP CLEANSE	Instant Reveal Berry Scrub (1-3 times a week)
PURIFY	Purifying Mint Clay Mask (1-3 times a week)

HERBALIFE
SKIN®

Refresh. Replenish. Rejuvenate. And Repeat.
A Revelation Each Day.

SKIN CARE PROGRAMS

Select the best skin care program for your needs.

BASIC	ADVANCED	ULTIMATE
Soothing Aloe Cleanser (For Normal to Dry Skin) – OR – Polishing Citrus Cleanser (For Normal to Oily Skin)	Soothing Aloe Cleanser (For Normal to Dry Skin) – OR – Polishing Citrus Cleanser (For Normal to Oily Skin)	Soothing Aloe Cleanser (For Normal to Dry Skin) – OR – Polishing Citrus Cleanser (For Normal to Oily Skin)
Energizing Herbal Toner	Energizing Herbal Toner	Energizing Herbal Toner
	Line Minimizing Serum	Line Minimizing Serum
	Firming Eye Gel 	Hydrating Eye Cream 
Daily Glow Moisturizer 	Replenishing Night Cream 	Daily Glow Moisturizer 
		Protective Moisturizer Broad Spectrum SPF 30 Sunscreen
		Instant Reveal Berry Scrub
		Purifying Mint Clay Mask

Skin Care Concerns

- Dry or Oily or Normal Skin
- Aging or Firmness

- Dry or Oily or Normal Skin
- Aging or Firmness/Elasticity or Fine Lines/Wrinkles

- Dry or Oily or Normal Skin
- Aging or Firmness/Elasticity or Fine Lines/Wrinkles
- Dull/Uneven Skin or Visible Pores

7 DAY RESULTS KIT

with SPF



Clinically tested to show more glowing, softer and smoother skin, with reduced fine lines and wrinkles, in just seven days.*

INCLUDES:

- ✓ Soothing Aloe Cleanser
- ✓ Line Minimizing Serum
- ✓ Daily Glow Moisturizer
- ✓ Protective Moisturizer Broad Spectrum SPF 30 Sunscreen
- ✓ Replenishing Night Cream
- ✓ Purifying Mint Clay Mask

PLUS COMPLIMENTARY PACKETS OF:

- ✓ Polishing Citrus Cleanser
- ✓ Firming Eye Gel
- ✓ Hydrating Eye Cream
- ✓ Instant Reveal Berry Scrub

7 Day Results Kit #1455

*Daily Glow Moisturizer, Line Minimizing Serum, Replenishing Night Cream

HERBALIFE
SKIN®

STRENGTHEN YOUR HAIR

Herbal Aloe Hair Care

products are clinically tested to strengthen and repair damaged hair, leaving it soft and silky.* Made with beneficial botanicals, our family-friendly Strengthening Shampoo and Strengthening Conditioner are free of parabens, harsh sulfates and added colors and dyes.



BEFORE

Highly damaged cuticle structure.

AFTER

Significant improvement in cuticle structure.[†]

STRENGTHENING SHAMPOO AND STRENGTHENING CONDITIONER

Clinically tested to:

- ✓ Leave hair up to 10 times stronger after just one use*
- ✓ Reduce hair breakage by 90%.*

*When using Herbal Aloe Strengthening Shampoo and Conditioner. Damaged tresses treated with Herbal Aloe Strengthening Shampoo and Conditioner saw average broken fiber counts reduced by 90% versus untreated tresses in a Combing Test.

[†]Studies conducted by a research laboratory with SEM (Scanning Electron Microscopy) showed remarkable improvement in smoothness and cuticle structure of treated versus untreated hair shaft.

CLEANSE, MOISTURIZE AND REJUVENATE

Pamper your skin and hair with
the benefits of Herbal Aloe.



[a] FACE & BODY SUNSCREEN BROAD SPECTRUM SPF 30

- ✔ Sweat and water resistant
up to 40 minutes
- ✔ Broad spectrum
SPF 30 protection
- ✔ Double skin's moisture
for up to 8 hours*

120 ml tube #0921



Recommended
as an effective
broad spectrum
sunscreen

[b] SOOTHING GEL

- ✔ Shown to leave skin smoother and softer†
- ✔ Infused with aloe vera and skin-conditioning
botanicals to moisturize and soothe skin
- ✔ No added fragrances

200 ml tube #2562

[c] BATH & BODY BAR SOAP

- ✔ Gentle coconut-derived cleansers refresh skin
- ✔ Rich suds infused with aloe vera and olive oil
- ✔ Fresh, clean scent

125 g bar #2566



[d] STRENGTHENING SHAMPOO AND [e] STRENGTHENING CONDITIONER

Plant-derived microproteins strengthen and moisturize for
silky smooth hair. Color-preserving formula without added sulfates.

Clinically tested to:

- ✔ Leave damaged hair 10 times stronger after just one use†
- ✔ Reduce damaged hair breakage by 90%‡

250 ml tube Strengthening Shampoo #2564
250 ml tube Strengthening Conditioner #2565

*Tested on subjects, measuring skin moisture levels at eight-hour intervals. Skin of 86% of subjects showed double the moisture levels over baseline after eight hours.

†In a self-assessment, 100% of subjects reported Herbal Aloe Soothing Gel left skin feeling soft and smooth and improved its appearance.

‡When using Herbal Aloe Strengthening Shampoo and Conditioner. Damaged tresses treated with Herbal Aloe Strengthening Shampoo and Conditioner saw average broken fiber counts reduced by 90% versus untreated tresses in a Combing Test.

§Test measuring skin moisture levels by Novameter. Skin of 100% of subjects showed double the moisture levels over baseline after 20 minutes.

[f] HAND & BODY CREAM

- ✔ Clinically tested to increase skin's
moisture by 100% after just one use§
- ✔ Aloe vera and African shea butter
absorb quickly and leave skin smooth
and soft

200 ml tube #2563

[g] HAND & BODY WASH

- ✔ Gentle plant-derived cleansers
refresh skin
- ✔ Non-drying formula contains silkening
moisturizers, including aloe vera, to
leave skin soft and hydrated
- ✔ Perfect for bath, shower and sink side

250 ml tube #2561

It's time to achieve YOUR GOALS

Join the millions of people in more than 90 countries who have changed their lives through Herbalife. Become an Independent Herbalife Member and:

- Have a home-based business
- Work around your own schedule, part time or full time
- Run your own business
- Spend more time with family and friends
- Help people lead healthier, more active lives

"The Herbalife business opportunity has changed my life in many ways, allowing me to spend more time with those I love. The most exciting thing about this journey is helping others achieve their goals."

— Khalil B.
Independent Herbalife Member

*Incomes applicable to the individuals (or examples) depicted and not average. For average financial performance data, see the Statement of Average Gross Compensation paid by Herbalife at Herbalife.com and MyHerbalife.com.



Hydrate and Fuel Your Active Lifestyle

CR7 DRIVE

- Enhances hydration with 320 mg of vital electrolytes lost during exercise
- Brain-fueling glucose helps promote quick and accurate game-time decision-making.
- Easy-to-digest carbohydrate blend helps fuel muscles and sustain energy levels.



HERBALIFE24® CR7 DRIVE #1445

Lightly flavored
with no artificial
flavors or
sweeteners



"We used Cristiano Ronaldo's personal input to create a contemporary sports drink that provides active people with three components necessary for performance: hydration, fuel and B vitamins."

John Heiss, Ph.D.,
Senior Director,
Sports and Fitness, Worldwide
Product Marketing

HYDRATE BETTER. ORDER TODAY.

BE OUR NEXT
**SUCCESS
STORY**
START TODAY!

Independent Herbalife Member
CALL NOW!

